

# Inclusive language

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(they/them)



Neutral  
Language  
Council



pronouns.page

# Who are we? What do we do?




- „Rada Języka Neutralnego”
- Open-source project: [pronouns.page](https://pronouns.page) / [zaimki.pl](https://zaimki.pl)
- 14 languages, 50+ contributors, 380k+ users
- Słownik Neustratywów Języka Polskiego
- Korpus Niebinarnej Polszczyzny
- Niebinarny Spis Powszechny (Gender Census)
- Queer Calendar, Queer Terminology
- ...


Inclusive language  
Gender-neutral language  
Nonbinary language

# Nonbinary language




language elements (in English: mostly pronouns) used by and for nonbinary people to better express their gender


“[There are people] who don't fit immediately into male or female, and if that surprises you, you need to get out more” – Tom Scott [\[1\]\[2\]](#)

DETECT LANGUAGE **ENGLISH** GERMAN DUTCH   **SPANISH** GERMAN ENGLISH 





non-binary 

nän'bīnərə





  10 / 5,000 

Translations are gender-specific. [Learn more](#) 

**No binaria** *(feminine)*

**No binario** *(masculine)*

# Gender-neutral language

language that avoids gendered phrases  
or attempts to balance out androcentrism

androcentrism – a tendency to place masculine perspective  
at the centre of one's world view

# Inclusive language

language that avoids excluding minoritised groups and bias against them, eg. racism, ableism, sexism, queerphobia

# Why do we even need any of it?

- language is the carrier of thoughts
- it can perpetuate and reveal hidden biases
- if we want to be an inclusive, progressive society, our language has to reflect that
- not everyone is a man. or a woman. or white. or rich. or able-bodied. or...
- simplification (eg. automated emails)
- friendlier atmosphere, trust, easier to come out
- stop reinforcing stereotypes
- just don't be mean 🙄



# Examples (gender)

- “firemen are saving people from a burning building” → fire fighters, fire brigade
- “KLM trains their stewardesses well” → flight attendants
- “the congressmen have voted on the XYZ bill” → congress members, congress
- “manpower” → staff, crew
- “man-made” → artificial
- “chairman” → chair
- “spokesman”, “spokeswoman” → spokesperson
- asking for gender in forms → do you really need it?

# Examples (gender)

- “ladies and gentlemen!” → dear viewers, dear listeners, dear guests, dearly beloved, hello everyone
- “guys” → y’all, folks, everyone
- “he or she” → they
- [unknown] “man” / “woman” → person
- “the Latino community” → Latine, Latinx, Latin@
- “women” [in context of periods] → people who menstruate
- [en.pronouns.page/dictionary](https://en.pronouns.page/dictionary)

# Other languages and grammatical gender



Gender Neutral Pronouns: They're Here, Get Used To Them

# German

- “Studenten” → “Studierenden”
- “Autor” / “Autorin” → Autor\*in, Autor:in, Autor\_in, das Autory, de Autore, ...
- Example neopronouns:  
xier / xies / xiem / xiem



## Beispiel-Nutzung in Sätzen:

- **Xier** ist so süß.
- Ist das **xies** Hund?
- Ich bin **xiem** erst kürzlich begegnet.
- Ich verstehe **xien** so gut.



# Dutch

- “Dames en heren” → Beste reizigers
- “Geachte heer, mevrouw” → Geachte klant
- Most popular nonbinary pronouns: hen/hun



Gebruiksvoorbeelden in zinnen:

- Ik denk dat **hen** erg mooi is.
- Ik vroeg **hen** of ik **hun** potlood mag lenen.
- Dat huis is het **hunne**.
- **Hen** ziet **hunzelf** in de spiegel.

# Polish

- very gendered: not just 3rd person pronouns, but also 1st and 2nd person pronouns, nouns, verbs, adjectives...
- zrobiłem, zrobiłam → zrobiłom, zrobiłum, zrobiłxm, ...
- inżynierka, inżynier → inżynierze, osoba inżynierska
- „zapomniałem hasła” → przypomnij hasło, reset hasła
- more info: [zaimki.pl/english](https://zaimki.pl/english)

# Examples (race, nationality, colonisation)

- n-word, “Oriental”, Gypsy → Black, Asian, specific nationality, person of colour, Roma
- “third world” → developing countries, Global South
- “to jew”, “to gyp” → to bargain, to defraud, to cheat, to swindle
- “the illegals” → undocumented immigrants

# Examples (queerphobia)

- “that’s so gay” → lame
- “tranny” → trans woman
- “transwoman”, “transman” → trans woman, trans man
- “he feels like a woman”, “she identifies as lesbian” → she is a woman, she is a lesbian
- using “he” or “she” based on just appearance or name



# Examples

- “Merry Christmas” → Happy Holidays
- “master/slave databases”, “master branch” → primary/replica, main branch
- “clean” → HIV negative
- “prostitute”, “whore”, “selling one’s body” → sex worker
- “moron”, “idiot”, “debil”, “crazy”, “down” → stupid, asinine (but: criticize work, not the worker)
- “an autist” → autistic person, person with autism
- “wheelchair-bound” → a wheelchair user
- [zaimki.pl/inkluzywny](https://zaimki.pl/inkluzywny) (Polish-only for now, you can help extend it)

# Why sharing pronouns is important?

- to simply know how to talk to/about someone
- it's not always obvious (neutral name, pseudonym, avatar)
- it's just like giving / asking for a name
- it normalises that for trans and nonbinary people

# General advice

- Don't assume
- Listen to the communities affected
- Educate yourself
- Don't beat yourself up, if you make mistakes

# If you want to support the project

- It's open source, you can just submit a PR
- Spread awareness (pronouns in email footer, events like this one, ...)
- Donate
- Just use inclusive language 🙄

# Further reading

- [zaimki.pl](#), [en.pronouns.page](#), [de.pronouns.page](#), [nl.pronouns.page](#)
- Meriam Webster: [on “singular they”](#), [on the word “nibling”](#)
- [American Psychological Association on “singular they”](#)
- [Inclusive communication in the General Secretariat of the Council of the European Union \(multilingual\)](#)
- [American Psychiatric Association: Definitions of Gender, Sex, and Sexual Orientation and Pronoun Usage](#)



Questions?